



Jewish Family
SERVICES

DATE: _____ NAME (PLEASE PRINT): _____ Waiting: _____ P/U Date: _____

NUMBER ADULTS: _____ NUMBER CHILDREN: _____ DIETARY RESTRICTIONS: _____

Clients may access Food Pantry every 2 weeks. All items are subject to availability. Please circle your choices.
Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.

GRAINS	Saltines	Rice: flavored, white, brown	Limited Items Below	
	Mac & cheese	Pasta (spaghetti or variety)	Quinoa	Tabbouleh
BREAKFAST	Boxed Cereal	Oatmeal	Grits (limited)	
CANNED VEGETABLES	Corn	Mixed vegetables	Peas	
	Green beans	Carrots	Lima beans	
	Spinach	Potatoes	Tomatoes, canned	
	Yams (limited)	Beets		
EXTRA CANNED & DRY ITEMS	Tomato paste	Tomato sauce	Pasta sauce	
	Spaghetti, canned (limited)	Chili (limited)	Assorted cracker varieties	
	Ravioli			
CONDIMENTS	Salad dressing	Grape jelly	Mustard: yellow / spicy	
	Ketchup (limited)	Mayonnaise (limited)	Preserves	
SOUPS	"Cream of..." soups	Chicken noodle	Soup varieties	
	Chicken broth (limited)	Tomato soup	Ramen noodle soup	
	Beef broth (limited)		Cup of noodles	
PROTEINS: Meat, tuna, salmon, Chicken, etc.	Tuna	Salmon (limited)	Peanut butter	
	Chicken	Sardines		
BEANS	Black	Pinto	Northern (limited)	
	Kidney	Black-eyed peas	Wax (limited)	
	Garbanzo	Baked beans	Navy (limited)	
		Cannellini (limited)		
CANNED FRUIT	Fruit cocktail	Peaches	Cranberry sauce	
	Pears	Pineapple (limited)	Applesauce (limited)	
BAKING & SPICES (All limited items)	Cake mix	Pie mix	Chocolate candy melts	
	Brownie mix	Whole wheat pastry flour	Semi-sweet morsels	
	Cookie mix	Pumpkin	Evaporated milk	
	Cornbread mix	Sweetener	Granulated sugar	
		Flour	Cane sugar	

SNACKS (PICK 2)	Cookies	Granola / breakfast bars	Peanut butter crackers
	Chips / pretzels	Jell-O/ pudding mix	Popcorn
	Pudding cups		
BEVERAGES	Tea	Chocolate shake mix (limited)	Creamer (limited)
	Juice boxes	Flavored water	Chocolate milk
	Bottled juice	Ensure	Coffee, Regular, Ground
	Hot chocolate	Soda (limited)	Coffee, Regular, Singles
NON-FOOD ITEMS	Laundry detergent	Dryer sheets (limited)	Lens wipes
	Fabric softener	Facial tissue	Storage bags (snack, sandwich, quart)
	Toilet paper	Dishwasher packets	Freezer bags (various sized)
	Paper towels	Comet (limited)	Ajax (limited)
	Toilet bowl cleaner (limited)	All-purpose cleaner (limited)	Socks (limited)
	Plastic wrap (limited)	Aluminum foil (limited)	
TOILETRIES	Shampoo	Bar soap	Toothpaste/ toothbrushes
	Conditioner	Wet wipes (limited)	Dental floss (limited)
	Moisturizing lotion	Bath gel (limited)	Deodorant (limited)
	Shower caps (limited)	Vanity kit (limited)	Make-up removal pads
	Cotton swabs (limited)	Mousse (limited)	Disposable underwear
	Styling gel (limited)	Hair spray (limited)	Adult diapers
			Body spray (limited)
LIMITED AVAILABILITY	Stuffing	Bread & butter pickles	Fruit & chia cups
	Madras lentils	Artichoke hearts	Gravy mix
	Manwich	Flour tortillas	Dried green chills
	Pesto & quinoa	Prunes	Tuscany pumpkin pasta sauce
	Chestnut spread	Mix nut snack packs	Seasoned cabbage
	Crispy onions	Honey mustard hot sauce	Pepper & onion relish
	Corned beef hash	Birthday candles	
JEWISH ITEMS (limited)	Shabbos candles	Matzo, regular	Cake meal
	Hanukkah candles	Potato pancake mix	Potato starch
FROZEN ITEMS	Prepared meals	Bagels	Challah
	Nutrisystem boxed meals	Nutrisystem frozen pancakes	Holiday cookies
REFRIGERATED ITEMS	Cookie dough		
Ask about fresh vegetables!			

Some items may have a "Best By Date" of 2017. If you do not wish to receive an item with a 2017 date, please notify the staff.

Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.