



Jewish Family
SERVICES

DATE: _____ NAME (PLEASE PRINT): _____ Waiting: _____ P/U Date: _____

NUMBER ADULTS: _____ NUMBER CHILDREN: _____ DIETARY RESTRICTIONS: _____

*Clients may access Food Pantry every 2 weeks. All items are subject to availability. Please circle your choices.
Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.*

GRAINS	Saltines Mac & cheese	Rice: flavored, white, brown Pasta (spaghetti or variety)	Limited Items Below Couscous
BREAKFAST	Boxed Cereal Pancake mix (limited)	Oatmeal	Grits (limited) Toaster pastries (limited)
CANNED VEGETABLES	Corn Green beans Spinach Peas & carrots (limited)	Mixed vegetables Carrots Potatoes Yams (limited) Triple succotash (limited)	Beets Peas Lima beans Squash with Vidalia onions (limited) Tomatoes, canned
EXTRA CANNED & DRY ITEMS	Beef stew (limited) Ravioli (limited)	Tomato sauce Chili Boxed meals (limited)	Pasta sauce Assorted cracker varieties
CONDIMENTS	Salad dressing Ketchup	Grape jelly Mayonnaise (limited)	Mustard: yellow Preserves (limited)
SOUPS	"Cream of..." soups Chicken broth Vegetable broth (limited)	Beef broth (limited) Seafood stock (limited) Chicken noodle	Tomato soup Soup varieties Ramen noodle soup
PROTEINS: Meat, tuna, salmon, Chicken, etc.	Tuna Chicken	Salmon Sardines	Peanut butter
BEANS	Black Kidney Garbanzo Butter (limited)	Pinto Black-eyed peas (limited) Baked beans Cannellini	Northern Refried (limited) Wax (limited) Dried beans (Variety)
CANNED FRUIT	Fruit cocktail Pears	Peaches Pineapple Cranberry sauce	Mandarin oranges Applesauce
BAKING & SPICES (All limited items)	Cake mix Brownie mix Sugar substitute	Canned icing Pumpkin	All-purpose flour Bread mix

SNACKS (PICK 2)	Cookies	Granola / breakfast bars	Peanut butter crackers
	Chips / pretzels (limited)	Cracker Jacks (limited)	Popcorn
	Pudding cups	Jell-O/ pudding mix	
BEVERAGES	Tea	Hot cocoa	Ensure
	Juice boxes	Iced tea (limited)	Coffee, Regular, Ground
	Bottled juice	Crystal Light (limited)	Coffee, Regular, Singles
	Fruit tubes	Soda (limited)	Coffee, decaf, singles (limited)
	Flavored water	Creamer	Coffee, Regular, Decaffeinated (limited)
NON-FOOD ITEMS	Laundry detergent (limited)	Lens wipes	Disposable underwear
	Facial tissue (limited)	Plastic wrap (limited)	Steamtable pans
	Toilet paper	Aluminum foil (limited)	Heavy duty aluminum foil (limited)
	Paper towels	Fabric softener	
TOILETRIES	Shampoo	Bar soap	Toothpaste/ toothbrushes
	Conditioner	Flushable wipes	Deodorant
	Moisturizing lotion	Gum floss / brushes / dental floss	Razor blades (limited)
	Shower caps (limited)	Whipped foam cleaner (limited)	Make-up removal pads
LIMITED AVAILABILITY	BBQ sauce	Birthday candles	La lechera
	Taralli fennel	A1 spicy chipotle sauce	Ice cream cone cups
	Ginger marinade	Seasoning packets	Quick barley
	Alfredo sauce	Hamburger Helper	Brown rice noodles
	Curry paste	Dinner grits	Candy
	Wing sauce	Spreadable honey	Chili sauce
	Shoestring potatoes	Dried apricots	Fruit medley
JEWISH ITEMS (limited)	Shabbos candles	Potato pancake mix	Cake meal
	Matzo ball mix	Matzo, regular	Potato starch
FROZEN ITEMS	Prepared meals	Bagels	Brownies
		Hamburger buns	
REFRIGERATED ITEMS			
Ask about fresh vegetables!			
Birthday: Is it your birthday or a member of your family?	Birthday bags		

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