



Jewish Family
SERVICES

DATE: _____ NAME (PLEASE PRINT): _____ Waiting: _____ P/U Date: _____

NUMBER ADULTS: _____ NUMBER CHILDREN: _____ DIETARY RESTRICTIONS: _____

*Clients may access Food Pantry every 2 weeks. All items are subject to availability. Please circle you choices.
Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.*

GRAINS	Saltines (limited) Mac & cheese	Rice: flavored, white, brown Pasta (spaghetti or variety)	Limited Items Below
BREAKFAST	Boxed Cereal Pop Tarts	Oatmeal	Grits (limited)
CANNED VEGETABLES	Corn Green beans Spinach	Mixed vegetables Carrots Potatoes	Beets (limited) Peas Lima beans Tomatoes, canned
EXTRA CANNED & DRY ITEMS	Tomato paste (limited) Spaghetti, canned (limited)	Tomato sauce Chili	Pasta sauce Assorted cracker varieties
CONDIMENTS	Salad dressing Ketchup (limited)	Grape jelly Mayonnaise (limited)	Mustard: yellow Preserves (limited)
SOUPS	"Cream of..." soups Chicken broth (limited)	Chicken noodle Tomato soup Cup of noodles	Soup varieties Ramen noodle soup Dried soup mix (limited)
PROTEINS: Meat, tuna, salmon, Chicken, etc.	Tuna Chicken	Salmon (limited) Sardines	Peanut butter
BEANS	Black Kidney Garbanzo Navy (limited)	Pinto Black-eyed peas (limited) Baked beans	Northern Dried beans Refried (limited) Cannellini (limited)
CANNED FRUIT	Fruit cocktail Pears	Peaches (limited) Pineapple	Mandarin oranges (limited) Applesauce
BAKING & SPICES (All limited items)	Cake mix Onion powder Sugar substitute	Canned icing Pumpkin	Granulated sugar Light brown sugar
SNACKS (PICK 2)	Cookies Chips / pretzels Pudding cups	Granola / breakfast bars Hot buffalo wing flavored pretzels Jell-O/ pudding mix (limited)	Peanut butter crackers Popcorn
BEVERAGES	Tea Juice boxes Bottled juice Fruit tubes	Hot cocoa Iced tea (limited) Coconut milk Crystal Light (limited)	Coffee, Regular, Ground Coffee, Regular, Singles Coffee, decaf, singles (limited) Coffee, Instant, Decaf (limited)

	Flavored water	Protein drink (limited)	Coffee, Regular, Decaffeinated (limited)
	Lemonade (limited)	Creamer	
NON-FOOD ITEMS	Laundry detergent	Lens wipes	Disposable underwear (men)
	Facial tissue (limited)	Paper towels	Feminine hygiene (limited)
	Toilet paper	Napkins	Windex refill (limited)
	Paper plates	Glass cook-top cleaner (limited)	Steamtable pans
	Wet Ones	Sponges	Dishwashing powder / power balls
	Small travel bags	Rubber gloves	Tape
	Plastic cups		
TOILETRIES	Shampoo	Bar soap	Toothpaste/ toothbrushes
	Conditioner	Soft soap (limited)	Deodorant
	Moisturizing lotion	Bath gel / body wash	Socks
	Shower caps (limited)	Gum floss / brushes	Razors
	Lint rollers (limited)	Towelettes	Razor blades (limited)
LIMITED AVAILABILITY	Individual knife, fork, & napkin packages	Birthday candles	La lechera
	BBQ sauce	Nut & spice mix	Enchilada sauce
	Bamboo shoots	A1 spicy chipotle sauce	Stuffing
	Coffee filters	Super grains	Hot sauce
	Alfredo sauce	Milk chocolate candy	Sun Maid tart cherries
	Donnettes	Lifesaver mints	Hot salsa
	Jalapenos	Seasoning packets	Fruit sliced
	Taralli fennel	Taco sauce	Cocktail sauce
	Honey		
JEWISH ITEMS (limited)	Shabbos candles	Matzo ball mix	Cake meal
	Yahrzeit candles	Matzo, regular	Potato starch
	Matzo ball & soup mix		Potato pancake mix
FROZEN ITEMS	Prepared meals	Bagels	Cookies (limited)
		Hamburger buns	Brownies
GLUTEM FREE ITEMS	Crackers	Cereal	Snack Bars
	Cornbread & muffin mix		
REFRIGERATED ITEMS			
Ask about fresh vegetables!			
Birthday: Is it your birthday or a member of your family?	Birthday bags		

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