



Jewish Family
SERVICES

DATE: _____ NAME (PLEASE PRINT): _____ Waiting: _____ P/U Date: _____

NUMBER ADULTS: _____ NUMBER CHILDREN: _____ DIETARY RESTRICTIONS: _____

Clients may access Food Pantry every 2 weeks. **All items are subject to availability.** Please circle your choices.
Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.

GRAINS	Saltines	Rice: flavored, white, brown	Limited Items Below	
	Mac & cheese	Pasta (spaghetti or variety)	Farol	
BREAKFAST	Boxed Cereal (limited)	Oatmeal (limited)	Syrup (limited)	
CANNED VEGETABLES	Corn	Mixed vegetables	Peas	
	Green beans	Carrots	Lima beans	
	Spinach	Potatoes	Tomatoes, canned	
	Peas & carrots (limited)	Beets		
EXTRA CANNED & DRY ITEMS	Pasta sauce	Tomato sauce	Ravioli	
	Spaghetti, canned (limited)	Chili	Assorted cracker varieties	
CONDIMENTS	Salad dressing	Grape jelly (limited)	Preserves	
	Ketchup (limited)	Mustard (yellow / spicy)	Mustard, mayonnaise packets	
	Mayonnaise (limited)			
SOUPS	"Cream of..." soups	Chicken noodle	Ramen noodle soup	
	Soup varieties	Tomato soup	Cup of noodles	
	Broth, chicken (limited)	Broth, beef (limited)	Dried soup mix (limited)	
PROTEINS: Meat, tuna, salmon, Chicken, etc.	Tuna	Sardines (limited)	Peanut butter	
	Chicken			
BEANS	Black	Pinto	Northern	
	Kidney (limited)	Black-eyed peas	Navy (limited)	
	Garbanzo	Baked beans	Dried lentils / split pea (limited)	
		Cannellini		
CANNED FRUIT	Fruit cocktail	Peaches	Mandarin oranges (limited)	
	Pears	Pineapple	Applesauce	
	Cranberry sauce			
BAKING & SPICES (All limited items)	Pie mix	Cake mixes for One	Sweetener	
	Brownie mix	Dark brown sugar	Pumpkin	
	Ground cinnamon	Cottonseed oil		

SNACKS (PICK 2)	Cookies	Granola / breakfast bars	Peanut butter crackers
	Chips / pretzels	Jell-O/ pudding mix	Popcorn
BEVERAGES	Tea	Ensure / Boost	Creamer (limited)
	Juice boxes	Soda	Coffee, Regular, Ground
	Bottled juice (limited)	Chocolate milk	Coffee, Regular, Singles
	Hot chocolate		Coffee, Regular, Instant (limited)
NON-FOOD ITEMS	Laundry detergent	Facial tissue	
	Toilet paper	Paper towels	
TOILETRIES	Shampoo (limited)	Vanity kit (limited)	Toothpaste/ toothbrushes
	Conditioner	Bar soap	Disposable underwear
	Moisturizing lotion	Efferdent (limited)	Adult diapers
	Shower caps (limited)	Bunion cushions (limited)	Facial cleaning cloths (limited)
	Razors (limited)		
ONE OF A KIND ITEMS	Turkey brine	Birthday candles	Dried green chillis
	Brining bags	Candy	Popcorn ball mix
Generally, there is only one each of the items in this section.	Dried tomatoes w/ green chilies	Non-dairy creamer	Black bean rotini
	Cane syrup	Cocoa spread	Onion soup & seasoning mix
It is first come first served	Figs	BBQ sauce	Manwich
	Sesame ginger marinade	Chicken marsala skillet sauce	Turkey spam
	Duck sauce	Mixed nuts	
JEWISH ITEMS (limited)	Shabbos candles	Yahrzeit candles (limited)	
FROZEN ITEMS	Prepared meals (limited)	Bagels	
REFRIGERATED ITEMS			
Ask about fresh vegetables!			

Some items may have a "Best By Date" of 2017. If you do not wish to receive an item with a 2017 date, please notify the staff.

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