



Jewish Family
SERVICES

DATE: _____ NAME (PLEASE PRINT): _____ Waiting: _____ P/U Date: _____

NUMBER ADULTS: _____ NUMBER CHILDREN: _____ DIETARY RESTRICTIONS: _____

Clients may access Food Pantry every 2 weeks. **All items are subject to availability.** Please circle your choices.
Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.

GRAINS	Saltines Mac & cheese	Rice: flavored, white, brown Pasta (spaghetti or variety)	Limited Items Below
BREAKFAST	Boxed Cereal Cream of Wheat (limited)	Oatmeal Flapjack & waffle mix (limited)	Pop Tarts (limited)
CANNED VEGETABLES	Corn Green beans Spinach (limited) Carrots	Mixed vegetables Potatoes Beets	Peas Lima beans (limited) Tomatoes, canned
EXTRA CANNED & DRY ITEMS	Pasta sauce Ravioli Skillet / boxed meals	Tomato sauce Chili (limited)	Tomato Paste Assorted cracker varieties
CONDIMENTS	Salad dressing Mayonnaise	Ketchup Mustard (yellow)	Preserves Grape jelly
SOUPS	"Cream of..." soups Soup varieties Chicken soup (limited)	Chicken noodle Tomato soup Vegetable broth (limited)	Ramen noodle soup Cup of noodles
PROTEINS: Meat, tuna, salmon, Chicken, etc.	Tuna Chicken	Salmon	Peanut butter
BEANS	Black Kidney (limited) Garbanzo Refried (limited)	Pinto Black-eyed peas Cannellini Baked beans	Northern Navy Dried pinto / split pea (limited)
CANNED FRUIT	Fruit cocktail Pears	Peaches Pineapple	Applesauce Mandarin oranges
BAKING & SPICES (All limited items)	Brownie mix Semi-sweet mini chocolate morsels Granulated sugar	Cake mix Baking powder	Sweetener Pumpkin
SNACKS (PICK 2)	Cookies Chips / pretzels	Granola / breakfast bars Jell-O/ pudding mix / cups	Peanut butter / cheese crackers Popcorn
BEVERAGES	Tea Juice boxes Bottled & canned juice	Ensure / Boost Flavored water Hot chocolate	Creamer (limited) Coffee, Regular, Ground Coffee, Regular, Singles

	Chocolate shake mix (limited)	Coffee Mate	Coffee creamer
	Condensed milk (limited)	Soda (diet / regular)	
NON-FOOD ITEMS	Laundry detergent	Facial tissue	Plates
	Toilet paper	Paper towels	Automatic Dishwashing gel (limited)
	Napkins	Flushable wipes (limited)	Solo cups
	Plastic spoons	Non-plastic knives, forks, spoons	
TOILETRIES	Shampoo	Patient slippers (limited)	Toothpaste/ toothbrushes
	Conditioner	Bar soap	Disposable underwear
	Moisturizing lotion	Body cleanser / bath gel	Adult diapers
	Shower caps (limited)	Hair spray (limited)	Deodorant
	Mending kit	Razors	Grooming kit
	Dental floss (limited)	Feminine hygiene (limited)	Mouthwash (limited)
	Shave foam		
ONE OF A KIND ITEMS	Dried tomatoes w/ green chilies	Birthday candles	Pizza sauce
	Sweet & sour sauce	Candy	Cracker jacks
Generally, there is only one each of the items in this section.	Breadsticks	Non-dairy creamer	Craisons
	Lo Mein noodles	Popcorn ball kit	Prunes
	Slow cooker sauce	Beef jerky	Beef stew
It is first come first served	Olives	Taco seasoning mix	Fajita skillet sauce
	Wheat berries	Butternut squash	Manwich
	Rice cakes	5 o'clock crunch	Piancone
	Little Bites	Honey cheddar crunch	Ceramic carafe
	Beef goulash		
JEWISH ITEMS (limited)	Shabbos candles	Cake meal	Potato pancake mix
	Matzo ball mix	Matzo meal	Gefilte fish
	Sweet matzo brei	Matzo	Potato starch
	Tam Tam crackers	Matzo farfel	
FROZEN ITEMS	Prepared meals	Bagels	Kosher cookies (limited)
	Sliced bread		
EXTRA ITEM	Dog food		
REFRIGERATED ITEMS			
Ask about fresh vegetables!			

Some items may have a "Best By Date" of 2017. If you do not wish to receive an item with a 2017 date, please notify the staff.

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