



Jewish Family  
SERVICES

DATE: \_\_\_\_\_ NAME (PLEASE PRINT): \_\_\_\_\_ Waiting: \_\_\_\_\_ P/U Date: \_\_\_\_\_

NUMBER ADULTS: \_\_\_\_\_ NUMBER CHILDREN: \_\_\_\_\_ DIETARY RESTRICTIONS: \_\_\_\_\_

Clients may access Food Pantry every 2 weeks. **All items are subject to availability.** Please circle your choices.  
Orders may be faxed to 704.364.6596 or emailed to [jfsfoodpantry@jfscharlotte.org](mailto:jfsfoodpantry@jfscharlotte.org).

<b>GRAINS</b>	Saltines Mac & cheese	Rice: flavored, white Pasta (spaghetti or variety)	Limited Items Below
<b>BREAKFAST</b>	Boxed Cereal	Oatmeal	
<b>CANNED VEGETABLES</b>	Corn Green beans Spinach (limited) Carrots	Mixed vegetables Potatoes Beets	Peas Lima beans Tomatoes, canned
<b>EXTRA CANNED &amp; DRY ITEMS</b>	Pasta sauce Ravioli (limited)	Tomato sauce Skillet meals	Tomato Paste Assorted cracker varieties
<b>CONDIMENTS</b>	Salad dressing Mayonnaise (limited)	Ketchup Mustard (yellow)	Grape jelly (limited)
<b>SOUPS</b>	Soup noodles "Cream of..." soups Soup varieties	Chicken noodle Tomato soup	Ramen noodle soup Cup of noodles
<b>PROTEINS: Meat, tuna, salmon, Chicken, etc.</b>	Tuna	Salmon	Peanut butter
<b>BEANS</b>	Black Garbanzo Kidney beans	Pinto Cannellini	Northern (limited) Baked beans Dried beans - variety (limited)
<b>CANNED FRUIT</b>	Fruit cocktail Pears (limited) Pineapple (limited)	Peaches Cranberry sauce	Applesauce (limited) Mandarin oranges
<b>BAKING &amp; SPICES (All limited items)</b>	Cupcake (pumpkin) mix Cake mix Pumpkin pie mix Extra virgin oil	Apple pie filling Sesame seed Corn syrup Light brown sugar Koyo syrup	Powdered sugar Sugar packets Artificial sweetener Pumpkin
<b>SNACKS (PICK 2)</b>	Cookies Chips / pretzels	Granola / breakfast bars Jell-O/ pudding mix / cups	Peanut butter / cheese crackers Popcorn

<b>BEVERAGES</b>	Tea	Ensure / Boost	Creamer
	Juice boxes	Soda (regular) (limited)	Coffee, Regular, Ground
	Bottled / canned juice	Hot chocolate	Coffee, Regular, Singles
	Bottled water	Coffee Mate	Coffee, regular, instant (limited)
	Raspberry iced tea mix (limited)	Flavored water	
<b>NON-FOOD ITEMS</b>	Laundry detergent	Paper towels	Solo cups
	Toilet paper	Plastic utensils	Brown paper lunch bags
	Facial tissues (limited)	Aluminum foil (limited)	Plastic wrap (limited)
	Sandwich bags (limited)		
<b>TOILETRIES</b>	Shampoo	Bar soap	Toothpaste/ toothbrushes
	Conditioner	Dental floss	Disposable underwear
	Moisturizing lotion	Razors	Adult diapers
	Shower caps (limited)	Feminine hygiene (limited)	Deodorant
	Mending kit (limited)	Body wash (limited)	Grooming kit (limited)
<b>ONE OF A KIND ITEMS</b>	Strawberry syrup	Birthday candles	Brining bag
	Chocolate syrup	Candy	Cane syrup
<b>Generally, there is only one each of the items in this section.</b>	Taco shells	Non-dairy creamer	Fajita seasoning mix
	Dry glaze	Popcorn ball kit	Roasted garlic parmesan
	Salmon cake mix	Crunch mix	Pumpkin butter
<b>It is first come first served.</b>	Vanilla syrup	Chicken & dumplings	Coffee filters (single serve)
	Charoset	Marshmallows	Ranch dip mix
	Tamales in chili sauce	Sesame crunch	Pizza sauce
<b>JEWISH ITEMS (limited)</b>	Yahrzeit candles	Cake meal	Potato pancake mix
	Shabbos candles	Matzo meal	Matzo ball mix
	Matzo crackers	Matzo	Sweet matzo brei
	Matzo farfel		
<b>FROZEN ITEMS</b>	Prepared meals	Bagels	Sourdough bread (limited)
	Buns Limited)		
<b>REFRIGERATED ITEMS</b>			
<b>Ask about fresh vegetables!</b>			

**Some items may have a "Best By Date" of 2017. If you do not wish to receive an item with a 2017 date, please notify the staff.**

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