



Jewish Family  
SERVICES

DATE: \_\_\_\_\_ NAME (PLEASE PRINT): \_\_\_\_\_ Waiting: \_\_\_\_\_ P/U Date: \_\_\_\_\_

NUMBER ADULTS: \_\_\_\_\_ NUMBER CHILDREN: \_\_\_\_\_ DIETARY RESTRICTIONS: \_\_\_\_\_

Clients may access Food Pantry every 2 weeks. **All items are subject to availability.** Please circle your choices.  
Orders may be faxed to 704.364.6596 or emailed to [jfsfoodpantry@jfscharlotte.org](mailto:jfsfoodpantry@jfscharlotte.org).

<b>GRAINS</b>	Saltines Mac & cheese	Rice: Flavored, brown, white Pasta (spaghetti or variety)	Limited Items Below Couscous
<b>BREAKFAST</b>	Boxed Cereal Pancake mix (limited)	Oatmeal Syrup (limited)	Pop Tarts (limited)
<b>CANNED VEGETABLES</b>	Corn Green beans Peas & carrots (limited) Spinach	Mixed vegetables Carrots Potatoes Lima beans (limited)	Peas Beets Tomatoes, canned
<b>EXTRA CANNED &amp; DRY ITEMS</b>	Pasta sauce Boxed / packaged meals Ravioli	Tomato sauce Chili (limited)	Tomato Paste Assorted cracker varieties
<b>CONDIMENTS</b>	Salad dressing Mustard: yellow, spicy	Grape jelly	Preserves (limited) Ketchup
<b>SOUPS</b>	"Cream of..." soups Soup varieties Chicken broth (limited)	Chicken noodle Tomato soup Vegetable broth	Ramen noodle soup Cup of soup
<b>PROTEINS: Meat, tuna, salmon, Chicken, etc.</b>	Tuna Beef crumbles	Chicken, canned Salmon	Peanut butter
<b>BEANS</b>	Black Garbanzo Kidney beans Navy (limited)	Pinto Cannellini (limited) Black-eyed peas Baked beans	Northern Butter (limited) Refried Dried beans: black / red (limited)
<b>CANNED FRUIT</b>	Fruit cocktail Pears	Peaches (limited) Mandarin oranges	Applesauce Pineapple
<b>BAKING &amp; SPICES (All limited items)</b>	Flour Biscuit flour mix Cake mix Cookie mix	Pie crust mix Olive oil Artificial sweetener Colored sprinkles	Food coloring Canola oil Apple cider vinegar Granulated sugar
<b>SNACKS (PICK 2)</b>	Chips	Granola / breakfast bars	Peanut butter / cheese crackers

	Cookies (limited)	Jell-O mix / pudding cups	Popcorn
	Fruity snacks		
<b>BEVERAGES</b>	Tea	Protein drinks (limited)	Coffee, Regular, Keurig-type Singles
	Juice boxes	Creamer	Coffee, Regular, Ground
	Water	Flavored water	Coffee, Decaf, Ground
	Bottled juice (limited)	Crystal Light peach mix	Coffee, Decaf, Instant
	Hot chocolate	Low-fat milk (individual)	Skim milk (shelf ready)
	Powdered instant skim milk (limited)	Mocktails	
<b>NON-FOOD ITEMS</b>	Toilet paper	Plastic spoons/forks/knives	Brown paper lunch bags (limited)
	Paper towels	Paper plates	Aluminum foil (limited)
	Facial tissue	3-oz paper cups	Cling wrap (limited)
	Trash bags (limited)	Sandwich bags (limited)	Sewing kit
	409 cleaner (limited)	Laundry detergent	Napkins
<b>TOILETRIES</b>	Shampoo	Bar soap	Slippers (limited)
	Conditioner	Shave cream (limited)	Dental floss
	Moisturizing lotion	Deodorant (women)	Disposable underwear
	Shower caps (limited)	Suntan lotion	Adult diapers
	Bath gel / body wash	Toothpaste/ toothbrushes	Feminine hygiene (limited)
	Cottonelle wipes		
<b>ONE OF A KIND ITEMS</b>	Cream of coconut	Cappuccino	Parsley
	Stuffing mix	Zucchini, canned	Suddenly salad
<b>Generally, there is only one each of the items in this section.</b>	Water chestnuts	Honey	Madras lentils
	Olives	Pizza sauce	Pickled beets
<b>It is first come first served.</b>	Rum apple butter	Corned beef hash	Simmer sauce
	Tri-bean blend	Salsa	BBQ sauce
	Falafel mix	Mushroom pieces	Batter mix
	Pecan pieces	Almond slices	Olive bruschetta
	Cocktail sauce	Pumpkin pasta sauce	Nutella
	Picante sauce	Marinade	Manwich
	Taco shells	Sun dried apricots	La Choy rice noodles
<b>JEWISH ITEMS (limited)</b>	Cake meal	Egg Matzo	Matzo ball mix
	Matzo meal	Sabbath candles	
<b>FROZEN ITEMS</b>	Prepared meals	Bagels	Small pies
	Buns		
<b>Ask about fresh vegetables!</b>			

**Some items may have a "Best By Date" of 2017. If you do not wish to receive an item with a 2017 date, please notify the staff.**

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