



Jewish Family
SERVICES

DATE: _____ NAME (PLEASE PRINT): _____ Waiting: _____ P/U Date: _____

NUMBER ADULTS: _____ NUMBER CHILDREN: _____ DIETARY RESTRICTIONS: _____

Clients may access Food Pantry every 2 weeks. **All items are subject to availability.** Please circle your choices.
Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.

GRAINS	Saltines Mac & cheese	Rice: Flavored, white, brown Pasta (spaghetti or variety)	Limited Items Below
BREAKFAST	Boxed Cereal	Oatmeal Pancake mix (limited)	Syrup (limited)
CANNED VEGETABLES	Corn Green beans Mixed vegetables Asparagus (limited) Peas & carrots (limited)	Peas Potatoes Beets (limited) Lima beans (limited)	Carrots Spinach Sweet potatoes (limited) Tomatoes, canned
EXTRA CANNED & DRY ITEMS	Pasta sauce Ravioli Boxed meals	Tomato sauce Spaghetti, canned Chili (limited)	Tomato Paste Assorted cracker varieties
CONDIMENTS	Salad dressing Mustard (yellow / spicy)	Mayonnaise (limited) Grape jelly (limited)	Ketchup
SOUPS	Soup varieties Cream of... soups Chicken / beef broth	Chicken noodle Tomato soup Dried soup mix (limited)	Ramen noodle soup Cup of soup Kimchi (cup of...) noodle soup
PROTEINS: Meat, tuna, salmon, Chicken, etc.	Tuna Salmon (limited)	Chicken, canned Salmon steaks, boxed (limited)	Peanut butter
BEANS	Black Garbanzo Black-eyed peas (limited) Tri-bean blend	Pinto Kidney beans Baked beans Lentils (limited)	Dried beans (limited) Northern (limited) Refried (limited) Butter beans (limited)
CANNED FRUIT	Fruit cocktail Pears Mandarin oranges	Peaches Pineapple	Applesauce Cranberry sauce
BAKING & SPICES (All limited items)	Cake mix All-purpose flour Icing, canned Condensed milk	Sugar packets Artificial sweetener Brownie mix Corn meal mix	Pumpkin Food coloring Evaporated milk Cookie mix

	Tapioca flour	Biscuit mix	Seasoning
	Muffin mix		
SNACKS (PICK 2)	Chips / pretzels	Granola / breakfast bars	Peanut butter crackers
	Cookies	Jell-O / pudding mix	Popcorn (limited)
BEVERAGES	Tea	Coconut milk	Coffee, Regular, Keurig-type Singles
	Juice boxes (limited)	Creamer, flavored (limited)	Coffee, Decaf, Keurig-type Singles
	Bottled juice (limited)	Hot chocolate	Coffee, Regular, Ground
	Milk, shelf ready (individual cartons)	Bottled water	Coffee, Decaf, Ground
	Gatorade		
NON-FOOD ITEMS	Laundry detergent	Plastic spoons/forks/knives	Dryer sheets
	Toilet paper	Paper cups	Facial tissue (limited)
	Paper towels	Fabric softener sheets	Paper bowls
	Disinfecting wipes	Lysol toilet bowl cleaner	Storage bags (variety)
TOILETRIES	Shampoo	Bar soap	Dental floss (limited)
	Conditioner (limited)	Deodorant	Disposable underwear
	Moisturizing lotion	Toothpaste/ toothbrushes	Adult diapers
	Shower caps (limited)	Razors (limited)	Feminine hygiene (limited)
	Razor blades (limited)	Cleansing cloths (limited)	Cotton squares
	Shave lotion	Make-up travel bags (limited)	Lip balm (limited)
	Mouth wash, travel size (limited)	Hand sanitizer (limited)	
ONE OF A KIND ITEMS	Stuffing mix	Diced tomatoes w/ green chiles	Candy
	Red chili sauce	Manwich	Gravy
Generally, there is only one each of the items in this section.	Vegetarian sausage mix	Hershey's syrup	Cabbage
	Relish	Hamburger Helper	Salsa
	Zucchini	Con Queso	Peach buds candy
It is first come first served.	Cream of coconut	Beef stew	Pearled barley
	Mushrooms	Pumpkin butter	Sauerkraut
	A1 sauce	Hot dog chili sauce	Capers
	Green chiles	Squash w/ Vidalia onions	Seasoned pepper & peas
	French fried onions	Vegetarian Jiffy mix	Chow Mein
	Black bean spaghetti	Mint jelly	Diced tomatoes w/ lime & cilantro
	Tomatoes with okra	Hot & sour soup mix	
JEWISH ITEMS (limited)	Cake meal	Sabbath candles	Matzo ball mix
	Gefilte / white fish	Yahrzeit candles	Matzo ball soup mix
	Matzo meal		
FROZEN ITEMS	Prepared meals	Bagels	Sliced bread (limited)
	Brownies (limited)	Cookies	
Ask about fresh vegetables!			

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