Jewish Family SERVICES

DATE:_____ NAME (PLEASE PRINT):_____ Waiting: _____ P/U Date: _____**Approx. P/U Time_____**

NUMBER ADULTS: _____ NUMBER CHILDREN:_____ DIETARY RESTRICTIONS: _____

Clients may access Food Pantry every 2 weeks. ***All items are subject to availability.*** *Please circle you choices.*
Orders may be faxed to 704.364.6596 or emailed to jfsfoodpantry@jfscharlotte.org.

GRAINS	Saltines Mac & cheese	Rice: Flavored, white, brown Pasta (spaghetti or variety)	Limited Items Below
BREAKFAST	Boxed Cereal	Oatmeal	
CANNED VEGETABLES	Corn	Potatoes	Beets
	Green beans	Yams	Mixed vegetables
	Carrots	Peas	Tomatoes, canned
	Spinach		
EXTRA CANNED & DRY ITEMS	Ravioli	Tomato paste	Pasta sauce
	Spaghetti, canned	Assorted crackers (limited)	Chili
CONDIMENTS	Mustard (yellow)	Ketchup	Preserves / jams / spreads
	Salad dressing	Mayonnaise	Grape jelly
	Almond butter		
SOUPS	Soup varieties	Spicy miso ramen	Ramen noodle soup
	Chicken noodle	Cream of … soups	Cup of soup
	Tomato soup	Broth (chicken / beef / vegetable)	
PROTEINS: Meat, tuna, salmon,	Tuna	Chicken, canned	Peanut butter
Chicken, etc.	Salmon	Sardines (limited)	
BEANS	Black	Pinto	Navy (limited)
	Garbanzo	Kidney beans	Northern (limited)
	Cannellini (limited)	Baked beans	Dried beans, variety
CANNED FRUIT	Fruit cocktail	Peaches	Pineapple
	Applesauce	Mandarin oranges	Pears
	Cranberry sauce		
BAKING & SPICES	Cake mix	Pie filling	
(All limited items)	Pumpkin	Artificial sweetener	
SNACKS (PICK 2)	Chips / Pretzels	Granola / breakfast bars	Peanut butter crackers
	Cookies	Jell-O / pudding mix & cups	Popcorn
BEVERAGES	Tea	Ovaltine (limited)	Evaporated milk (limited)

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Date: 6/1/2020

	Juice boxes	Soda	Coffee, ground, regular
	Bottled, canned juice	Hot chocolate	Coffee, regular, singles (limited)
	Bottled water		Coffee, decaf, singles (limited)
NON-FOOD ITEMS	Paper towels	Plastic utensils	Feminine hygiene
	Toilet tissue	Girls briefs (sizes: 4, 6)	Men's disposable guards
	Facial tissue	Landry detergent	Women's incontinence underwear
	Cleaning supplies		
TOILETRIES	Shampoo (limited)	Bar soap	Conditioner
	Body lotion	Toothbrushes / toothpaste	Deodorant (men / women)
JEWISH ITEMS (limited)	Yahrzeit candles	Matzo ball mix	Matzo ball & soup mix
	Matzo	Matzah meal	
FROZEN ITEMS	Prepared meals	Sliced bread	Bagels
Ask about fresh vegetables!	Produce		
EXTRA ITEMS			

Some items may have a "Best By Date" of 2019. If you do not wish to receive an item with a 2019 date, please notify the staff.

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