



# Adult Therapy - New Client Form

Please complete all paperwork prior to your appointment. Insurance card must be presented at each appointment.

Client Legal Name or as listed on insurance : \_\_\_\_\_

Name you prefer to be called, if different than above: \_\_\_\_\_

Client DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Client Address: \_\_\_\_\_

City: \_\_\_\_\_, County: \_\_\_\_\_, Zip Code: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_  Check (if JFS is authorized to leave message)

Other Phone: \_\_\_\_\_  Check (if JFS is authorized to leave message)

Email: \_\_\_\_\_  Check (if JFS is authorized to send message/information)

Gender : \_\_\_\_\_ what pronouns do you use? \_\_\_\_\_ (ex., He/Him; She/Her; They/Them)

Race: \_\_\_\_\_ Religion : \_\_\_\_\_

Marital Status : \_\_\_\_\_; Sexual Orientation : \_\_\_\_\_

Employment Status : *Full-time Part-time Temporary Unemployed Retired Student Other*

Yearly Household income : \$ \_\_\_\_\_, Number of people living in home : Adults: \_\_\_\_\_, children \_\_\_\_\_

Reason for Contacting JFS : \_\_\_\_\_

How did you hear about JFS :  Friend / Family ,  JFS Marketing,  Jewish Agency,  Non-Jewish Agency,  Physician,  Self,  Clergy,  Synagogue: which one \_\_\_\_\_,  Volunteer,  Website,  Psychology Today ,  Other \_\_\_\_\_

Primary Care Physician : \_\_\_\_\_ Phone : \_\_\_\_\_

Preferred Hospital / Clinic : \_\_\_\_\_

Primary Insurance Carrier : \_\_\_\_\_ Name of Policy Holder : \_\_\_\_\_

Policy # : \_\_\_\_\_ Group # \_\_\_\_\_ DOB of Policy Holder : \_\_\_\_/\_\_\_\_/\_\_\_\_

Secondary Insurance Carrier : \_\_\_\_\_ Name of Policy Holder: \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_ DOB of Policy Holder \_\_\_\_/\_\_\_\_/\_\_\_\_

## Adult Therapy - New Client Form

In Case of Emergency, Please Contact the Following Individual :

Name : \_\_\_\_\_

Relationship: \_\_\_\_\_

Preferred Phone Number : \_\_\_\_\_

***I hereby give permission for JFS to provide, seek, and consent to emergency treatment for the client names above, as may necessary.***

\_\_\_\_\_  
Signature of JFS Client or Guardian

**Date :** \_\_\_\_\_

## Adult Therapy - New Client Form

Client Legal Name: \_\_\_\_\_ Client DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_\_

### PLEASE INITIAL THE FOLLOWING :

\_\_\_\_ I have read and agree to the Office Policies and guidelines, Clients Rights & Privacy Practices (you may view a copy of these on the JFS website or request a copy from the JFS office) and do so annually.

\_\_\_\_ I understand that I must complete the following forms prior to consultation and update them annually:

1. Emergency Information
2. Clinical Surveys
3. Policies and Guidelines

\_\_\_\_ I grant permission for JFS and their representatives, to communicate with me via email as indicated below.

I confirm that the email address that I have given is a private email and I release JFS from any responsibility for access to my private email by any other person not authorized by me. See JFS Email Informed Consent Policy.

I authorize my therapist/case worker to communicate with me via email.  Yes  No

I would like to receive email communication regarding JFS services and programs  Yes  No

\_\_\_\_ All fees or costs have been explained to us/me.

### CLIENT CONSENT FOR SERVICES : PLEASE INITIAL EACH LINE :

\_\_\_\_ We / I agree to allow Jewish Family Services of Greater Charlotte (JFS) to provide services to me/my ward.

\_\_\_\_ We/I will participate in developing a service plan, which will identify goals to work toward, time frames and methods to achieve these goals

\_\_\_\_ JFS services have been described to me/us.

\_\_\_\_ We/I have been informed about the alleged benefits, potential risks and possible alternative methods of treatment and the ways that JFS can support the achievements of the desired outcomes.

**By signing below, I certify that I have answered the questions above honestly and accurately.**

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature of JFS Client or Guardian

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Print Name of JFS Client or Guardian

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature of JFS Staff Member

## Adult Therapy - New Client Form

Please list any major changes or ongoing stressors that you feel may be impacting you?

---



---



---

Please describe how your symptom(s) is affecting your daily functioning, either at home, work, or school, or with interactions with other people.

---



---



---

How long have you been experiencing these current symptom(s)?

---



---

### MEDICATION HISTORY

List current medications including prescribed, over the counter, herbs, vitamins, non-prescribed medications (e.g., taking something suggested by a friend, taking family member's medication, etc.) Use back of page if necessary.

Medications	Currently Using? Y/N	Reason for Medication	Outcome

### MENTAL HEALTH HISTORY

Please complete the table below with your mental health history, including current and past psychiatrists, psychologists, hospitalizations, etc. Use back of page if necessary.

Facility/Name of Provider	Treatment Dates	Symptoms/Reasons for Treatment	Outcome



Jewish Family  
SERVICES

## Adult Therapy - New Client Form